

Examine your values and goals. Know what's really important to you. Find out what it is that makes you tick? Talk to your friends and family. Input from others is important. So is honesty! **DON'T SELL YOURSELF SHORT!**

QUESTIONS TO HELP YOU LEARN ABOUT YOURSELF

1. What adjectives would your best friend use to describe your personality strengths? Your weaknesses?
2. What have you enjoyed most in high school? Least? Why?
3. How have you grown or changed in the past 4 years?
4. What nonacademic activities have been most rewarding to you? Have you shown commitment to them?
5. Which courses have challenged you? How?
6. How do you hold up under pressure? In stressful situations? In competitions?
7. How do you relax?
8. What is your definition of SUCCESS?
9. What issues in society concern you? What do you/can you do about them?
10. Is there an author, activity, academic area, nonacademic area you've explored in depth. Describe.
How do you challenge yourself?
12. What person, activity, writer, teacher, etc. has had a strong effect on you? Who? How?
13. What do you value in a friend, in family, in a job?
14. What do you fear?

TO DO OR NOT TO DO AT AN INTERVIEW

Be neat, clean, and comfortable
Look and feel your best
Be prepared
Be prompt
Be polite
Asked informed questions
Be yourself
Be positive
Maintain eye contact